3-D Berry

- pink, blue, red or purple construction paper
- 2 paper fasteners for each berry
- green construction paper for vines
- paper punch
- scissors

1. Cut three strips, about one inch wide, down the short side of the colored paper.

2. Students write a fact about berries on the inside of each strip.

3. Holding the strips together in a stack, use a paper punch to make three holes in each strip: one in the middle and one a half inch from each end.

4. Still holding the strips together, put a paper fastener in the middle hole.

5. Trace your hand for the leaf (DO NOT SPREAD YOUR FINGERS APART.) and/or cut strips of green and curl them with a pencil for vines.

6. Punch a hole in leaf and vine, and put a paper fastener through the hole.

7. Bring up the ends of the long strips, and fasten them all together.

8. Spread out the paper strips to form a berry.
Blackberry

- The blackberry is a small round fruit that grows on a flowering shrub or a trailing vine.
- Blackberries may be black, dark red, or yellow.
- Each blackberry consists of a cluster of tiny fruits called drupelets, which grow around a core known as the receptacle.
- Blackberries are eaten fresh or are processed for use in making jam, jelly, pies, preserves, and wine.
- Blackberries grow wild in Oklahoma and are also produced commercially.
- The blackberry is a member of the rose family, Rosaceae.

Blueberry

- Blueberries are the fruits of a shrub that belong to the heath family, which includes the cranberry and bilberry as well as the azalea, mountain laurel and rhododendron.
- Blueberries are the most widely grown fruit crop in the US.
- Blueberries are native to North America, where they grow wild throughout the woods and mountainous regions in the US and Canada.
- North American Indian natives used blueberries in pemmican, a traditional dish composed of blueberries and dried meat.
- Blueberries are rich in Vitamins C, manganese and dietary fiber.

Raspberries

- Like blackberries, raspberries are members of the rose family.
- Raspberries can trace a long history dating back to prehistoric times.
- Raspberries were not grown widely in Europe and North America until the 19th century.
- The leading commercial producers of raspberries include Russia, Poland, Yugoslavia, Germany, Chile and the United States.

Strawberries

- The strawberry is a member of the rose family.
- It is the only fruit with seeds on the outside rather than the inside.
- On average, there are 200 seeds in a strawberry.
- Over 53 percent of seven- to nine-year-olds choose strawberries as their favorite fruit.
- Strawberries are the first fruit to ripen in the spring.
- Strawberries are grown in every state in the United States and every province of Canada.
- American Indians were already eating strawberries when the colonists arrived. The crushed berries were mixed with cornmeal and baked into strawberry bread.